Effects of memorizing Quran by heart (hifz) on later academic achievement

Dr. S. Farhana Jahangir & Nazia Nawaz
Department of Psychology
Shaheed Benazir Bhutto Women University, Peshawar, Pakistan

Background: The current study was conducted to investigate the effects of memorizing Quran (hifz) in relation to academic achievement and socio-cultural life of huffaz (students who memorize the Quran).

Method: For the study, a convenience sample of 36 huffaz (N=36) from different colleges and universities were approached.

Results: The results revealed a significant difference in academic achievement of huffaz before and after hifz. Moreover, the content analysis showed overall positive impact on education and socio-cultural life of huffaz.

Conclusion: In conclusion, hifz produces overall positive effects on socio-culture life of Huffaz. Likewise, preliminary results suggest it also improves and enhances academic achievement of Huffaz in this setting.