

# Beauty Chats

By Edna Kent Forbes

## BEAUTY QUESTIONS

**Class**—There is nothing in your face black to grow hair.

**Grateful Reader**—Massage should be gentle always, but you have to use your judgment, because too gentle a scalp massage would not stimulate the circulation of the blood in the scalp. I think you will be able to tell whether your massage is correct by the feeling in the scalp after it is finished. Don't you experience a sense of exhilaration, very slight, yet noticeable? Generally, I think a stiff brush beat, though not stiff enough to tear the hair. Of course, the hair will fall a bit more just after you start massaging than before, but these diseased and weak hairs are bound to come out and are better so. Remember, you have something like 180,000 all over your head, so a few each night won't matter.

**Blonde**—Darken your switch with sage and sulphur until you have it the shade of your own hair.

**Mrs. R. S.**—If you want to let your hair grow an ever darker shade, use olive or castor oil as a massage and the ends will grow darker in a short time.

**Dorothy Helen**—It often happens that naturally wavy hair loses its curl when it gets into poor condition. Now, the wisest thing for you to do for the next year or so is to bend your energies to making the hair strong again, and very likely the natural wave will return. Don't curl it on the iron at all, or on curlers; it's no crime if it is straight, you know. Send me a

**C. Martin, Miss Marjorie Martin and Melvin Martin**, who spent the weekend in Ottumwa.

**Miss Mary Kaynor**, principal of Crocker school, returned Monday from attending the funeral of her mother at Ames, Ia.

## Des Moines Women in Wartime

The Women's club Red Cross auxiliary will hold its usual sewings Tuesday and Thursday of this week from 10 to 4 o'clock at Hoyt Sherman place.

Those attending are asked to bring lunch and sewing equipment. An invitation is extended to members, friends and anyone interested in the work.

**Miss Ritza Freeman** will give an inspirational talk this afternoon at 2:30 o'clock at the October meeting of the local women's committee of the national council of defense at Hoyt Sherman place. Committee chairmen will give reports and a report will be given of the women's work in the fourth Liberty loan campaign. An invitation is extended to every patriotic woman to attend.

Highland Park Red Cross rooms will be open today from 1 to 5 o'clock for the making of abdominal bandages. Members are asked to bring aprons, caps and thimbles.

The board meeting of the Women's Exchange for War Relief will be held Thursday at 2:30 o'clock at the Kraft building.

The exchange has a beautiful black Spanish lace shawl scarf on sale. Admirers of handsome Spanish lace will be interested in this scarf, which is a gift of Mrs. Lin-

letter with a self-addressed, stamped envelope enclosed and ask for the hair tonic formula and the henna shampoo. This later is to make the hair lighter, as you want it. You don't like milk, you say, but you must take something to get fatter. You are quite underweight. How about eating cereals—two dishes a day with thick cream poured over them? Eat mashed potatoes with cream and butter—and why not take a tablespoonful of olive oil in a wineglass of grapejuice, before meals and before bed? All these would make you fatter.

**Shorty**—Being too stout and complaining of pimples leads me to think that you eat a little too much, also that you eat the wrong things. A diet would reduce you and cure the pimples, too. Cut out all candy and cake, avoid pig meat and potatoes, beans, cereals, milk, cream, butter and sugar. Instead, eat plenty of fruits and lots of salads, besides green vegetables, lean meats, fish, etc.

**S. B. Fisher**—You are wrong in one thing in your letter. You say: "Beauty doctors never suggest a sensible, wide-toed, low heeled shoe." If you follow the chats at all, you must have seen any number of times advice on wearing just such shoes. No one with an artistic eye can think the present pointed toe shoes beautiful—and, personally, I neither wear nor advise them. Week before last I spoke against them and also mentioned that, in misses' and grownup girls' departments, it was still possible to get good looking, round toed, low heeled shoes.

girls' division of the war camp community service for the central division, after two years spent in settlement work in Brooklyn, N. Y.

**Miss Dunlap** will make Des Moines her headquarters, residing at Roadside settlement, where she again holds the position of head worker, but will make numerous trips in her official capacity to other cantonment cities of the central division, which includes Nebraska, Iowa, Illinois and Indiana.

## MAY EXAMINE MEN HERE

Commission Tests for Chemical Branch Changed.

Final examinations for commissions in the chemical warfare department of the United States army may be held in Des Moines instead of Washington, as originally announced by the Iowa division of the Military Training Camps association.

Applicants must be between 30 and 40 years old, have had some military training, be possessed of good character, have qualities of leadership and some knowledge of chemistry. A dozen applications have already been received.

## URICK STILL UNDECIDED

State Labor Commissioner Has Job Under Consideration.

**A. L. Urick**, state labor commissioner, has not as yet made up his mind whether or not he will accept the position of regional director of vocational rehabilitation of wounded soldiers, which was offered him on his recent trip to Washington. He said yesterday he would decide in a day or two.

## Rippling Rhymes

By WALT MASON.

### IN DAYS TO COME.

Wonder what we'll talk about, when peace is here once more; can we discuss our aches and gout, as in the days of yore? Of course the war will be discussed for long years, three or nine; but some day 'twill grow stale and must take in its gory sign. And when war talk has had its day, and has become a crime, can we thrust out the price of hay, as in the olden time? Can you sit down with torpid friend, your back against a wall, and talk, for long, long hours on end, about a game of ball? And will you ever, do you think, wear out your trusty throat denouncing some long winded gink who'd like to have your vote? I wonder what will be of them when war's been dead so long, it seems much like an evil dream that made a night go wrong. It's hard to think of grownup gent in all the years to come, discussing picayunes, or cents, or pups or chewing gum. But doubtless in a little while we'll sing the same old tune, the same old themes will be in style—for we forget so soon! And you will spend a lot of time discussing gnats and fleas; and I will write a noble rhyme about the grocer's cheese.

## GET LARGE SUBSCRIPTIONS

County Bond Total Swelled by Corporation Purchases.

Special committees are still at work in Des Moines rounding up Liberty loan slackers. This work will continue until the official date of closing the campaign, Oct. 19. Des Moines and Polk county are being thoroughly combed for people who are able to buy bonds and who have not yet been reached by members of the campaigning teams.

Two large subscriptions came in yesterday to swell Iowa's amount. The John Hancock Life Insurance company through its local agent, Harry Haskins, bought \$20,000 worth of bonds in Iowa as an apportionment of the company's whole bond purchase distributed through its principal agencies.

The American Railway Express company subscribed for \$15,000 worth of bonds, explaining that it had agencies in 35,000 cities and towns in the country, and that bonds were bought in each town, basing the amount of the subscription upon the volume of business transacted in that place.

## LIQUOR VENDOR GUILTY

Mrs. Dominic Mauro Violated Restraining Order.

**Mrs. Dominic Mauro**, whose trial for a second violation of an injunction restraining her from selling liquors illegally from her little store on the south side, has been engaging the attention of Judge Meyer's court for the past two days, was found guilty yesterday. Her sentence is to be given out today.

## CITY EMPOWERED TO FORCE VACCINATION

Byers Holds Council Hearing to Safeguard Public Health by Any Means.

The city council was acting in its power when it passed compulsory vaccination ordinance according to Corporation Counsel H. W. Byers.

As a board of health, the city has full authority to enact such regulations may be necessary to safeguard the public health. There is any issue in the matter which may be disputed it is a matter of necessity rather than of right, according to Mr. Byers.

At present there is only one case of smallpox in the city department hospital. Dr. W. C. Witt, a sanitarian, declares this is due to the precautionary measures taken by the city in requiring children to be vaccinated.

The ordinance passed by the council requires all school children to be vaccinated before Oct. 15, less they can show proof of a successful vaccination.

A petition bearing 2,000 signatures protesting compulsory vaccination has been filed with the council. In presenting the petition the council Judge James questioned the legal right of the council to compel vaccination. He asked that the ordinance be amended to except children who are unfit for vaccination because whose parents have scruples as a matter of principle.

In case an epidemic of smallpox should occur the amendment would exclude all unvaccinated pupils from the schools.

The ordinance with amendments is before Mr. Byers for consideration.

### Don Martin Dies

PARIS, Oct. 7.—Don Martin, correspondent of the New York Herald, died this morning after being ill for two days with influenza.



Restores to the skin its natural beauty with complexion that is soft, smooth and luminous. The skin is healthy and beautiful.

**Gouraud's Oriental Cream**

Sold 15c for retail.

W. T. HOPKINS & CO.