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All bottles and other containers * * shall be closed by a crown seal bearing the name or imprint of the manufacturer or bottler, or the outlet of such container shall be sealed with a seal bearing the name and address of the manufacturer or bottler in such a manner that the con-

than fifty dollars nor more than one hundred dollars, together with the costs; in default of payment, imprisoned in the county jail or house of correction for not less than five days nor more than ninety days, or until such penalty and costs be paid.

The life of a single child is too precious to endanger at any time, least of all when the man-power of the world is being taxed as never before.

Keeping Healthy is "Doing a Bit."

It seems strange to speak of an army of diet experts, but such an army is just as important as one carrying modern rifles and sharp bayonets.—Dr. Harvey W. Wiley.

SAVE THE WASTE!

BY HERBERT C. HOOVER, Food Conserver of the U.S.

 \mathcal{M}^{E} have the major burden of feeding the whole world.

Those who remain at home can "fight by helping the fighters fight, and can serve by saving." Since food will decide the war, each American woman can do a real national service by protecting the food supply of the nation.

Ninety per cent. of American food consumption passes through the hands of our women. In no other field do small things when multiplied by our hundred million people count for so much.

A single pound of bread saved weekly for each person will increase our surplus of wheat one hundred million bushels, and an average saving of two cents on each meal every days for each person will save to the nation two billion dollars annually.

Use and preserve more fruits, vegetables, and foods not suitable to be sent to camps or firing lines.

Buy food grown close to your home. This reduces the food distribution problem.



of the MILWAUKEE-HEALTH DEPARTMENT SCHOOL OF HEALTH AND SANITARY SCIENCE

OHN L. METER. Deputy Commissioner, Editor

AUGUST: 1917.

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And have we as a nation realized that our greatest asset was not our banks; or our factories, or our mines, or our farms, bits our manhood?

May we not well now turn our aftention to building up our walls at this point? Select s