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Watch

Date

GEN. BLUE ADVISES IN INFLUENZA FIGHT

Urges Public Co-Operation With Various Health Agencies.

PHYSICIANS OVERWORKED

Surgeon General Blue Urges Home Care for Influenza.

Doctors and nurses should not be called unnecessarily. Acute shortage of medical and nursing service everywhere. Tells what to do for persons sick with Spanish influenza. Rest is bed important. Recommends the use of gauze masks by those nursing the sick. Handkerchiefs out of place in the sick room. No excuse for alarm if precautions are observed. Surgeon General Rupert Blue.

The acute shortage of doctors and nurses occasioned by the war, leaving the civilian life of the country more or less upon its own resources to fight Spanish influenza, has caused Surgeon General Rupert Blue of the United States public health service to urge the public to co-operate as much as possible with the various health agencies in this work.

In a statement issued last night, Surgeon General Blue pointed out that 30,000 doctors and 20,000 nurses are in war service. He called upon the people of the country to learn something about the home care of patients ill with the disease.

All Physicians Overworked.

Physicians everywhere, he said, are overworked. They have complained of the inability between temporary indispositions requiring no medical aid and those requiring expert medical care. Every unnecessary call by a physician, the statement says, makes it so much harder to meet the urgent needs of patients seriously ill. To relieve pressure on physicians and nurses by making the general public more independent of expert medical advice, Surgeon General Blue had contacted in his statement detailed instructions concerning home care of influenza cases.

Gen. Blue's Statement.

"Every person who feels sick and appears to be developing an attack of influenza," says the statement, "should at once be put to bed in a well ventilated room. If his bowels have moved regularly it is not necessary to give a physic where a physic is needed a dose of castor oil or Rochelle salts should be given. "The room should be cleared of all unnecessary furniture, bric-a-brac, and rugs. A wash basin, pitcher and slop bowl, soap and towels should be at hand, preferably in the room or just outside the door. "If the patient is feverish a doctor should be called, and this should be done in any case if the patient appears very sick, or coughs up pinkish (blood-stained) sputum, or breathes rapidly and painfully. "Most of the patients cough up considerable mucus; in some, there is much mucus discharged from the nose and throat. This material should not be collected in handkerchiefs, but rather on bits of old rags, or toilet paper, or on paper napkins. As soon as used, these rags or papers should be placed in a paper bag kept beside the bed. Paper handkerchiefs are out of place in the sick room, and should not be used by patients. The rags or papers in the paper bag should be burned. "The patients will not be hungry, and the diet should therefore be light. Milk, a soft cracker, a fruit, some meal, homi

ween the patient's teeth and let him inhale the fumes in deep long breaths for five minutes; then rest for fifteen minutes or longer if needed; then inhale again fifteen minutes and repeat the operation, as directed, twenty-four times, and the result will be that the lungs will expand to their normal condition, and in twenty-four hours the patient is out of danger and in forty-eight hours he is cured—although weak.

"Change cotton often; it ought to be changed twice in fifteen minutes. "Another method of inhalation for elderly people without teeth, and patients in the last stages of pneumonia follows:

"Get a small alcohol lamp, or any heating apparatus, and a porcelain cup. Make a one-inch cover for cup. Bore a hole in the middle and insert a half-inch rubber tube long enough to reach the patient's mouth. Fill the cup (no chloroform is needed in this method); let patient inhale through the tube the fumes from the boiling alcohol in long breaths for fifteen minutes and follow directions above."

Deaths Reported.

The following deaths were reported to the health department in the past twenty-four hours:

- Edna M. Brocken, 15 years, 1233 4th street southwest.
- Louise Reeves, 22 years, 1922 Mintwood place.
- Graham E. Spear, 30 years, Garfield Hospital.
- James W. Avery, 35 years, 628 Park road.
- Amy B. Howell, 29 years, Rutland Court.
- Catherine L. Taylor, 4 years, 611 B street northeast.
- May T. Koo, 22 years, Chinese legation.
- Thomas T. Bower, 27 years, Naval Hospital.
- C. A. Rebever, 30 years, Sibley Hospital.
- Amy M. Deasakas, 21 years, 831 Newton street.
- Harry Bristow, 22 years, 404 H street northwest.
- William B. Wheatley, 42 years, 618 M street southeast.
- Frank Hammond, 40 years, 115 B street southeast.
- William H. Hammond, 32 years, 115 B street southeast.
- Mary Marks, 23 years, Sibley Hospital.
- Woodridge Clapp, 45 years, 828 Warren street.
- Harry Morris, 34 years, 204 East Capitol street.
- Thomas Seager, 34 years, 612 F street northwest.
- Tawell Tinsley, 21 years, 612 F street.
- Thomas B. Kramer, 66 years, 634 A street southeast.
- Harry G. Augusteffer, 35 years, 1620 Ontario place.
- Frank M. Oiswell, 20 years, 1729 Euclid street.
- Merritt Bodine, 35 years, 204 17th street.
- Walter Doer, 29 years, Walter Reed Hospital.
- Ray L. Adams, 6 years, 1028 9th street.
- Thomas Rafferty, 42 years, 406 H street northeast.
- Edolph Mashrick, 38 years, 26 H street northeast.
- Hilmer Hendrickson, 26 years, 1529 Kingman place.
- Harriet L. Beyerlein, 30 years, Walter Reed Hospital.
- Tom W. Bryan, 26 years, Walter Reed Hospital.
- Fred C. Fries, 28 years, Walter Reed Hospital.
- William J. Welsh, 23 years, Walter Reed Hospital.
- Gertrude C. Frey, 41 years, 1400 15th street.
- Francis C. Canis, 1 year, 1755 13th street northwest.
- Margaret K. Merryman, 1 year, 484 M street southwest.
- John S. Prospari, 49 years, 603 8th street southwest.
- Proctor K. Eperly, 15 years, 8745 Huntington street northwest.
- Harry R. Coulter, 34 years, 784 Quebec street.
- Estell M. Kidwell, 2 years, 22 Rock Creek Church road.
- Raymond Bryan, 16 years, 612 F street northwest.
- George F. Hatfield, 29 years, United States Soldiers' Home Hospital.
- Wilhelmina V. Voepeler, 42 years, 228 7th street northeast.
- Ada Ekoff, 19 years, 445 Massachusetts avenue northwest.
- Sandra A. R. Beach, 31 years, Georgetown University Hospital.
- Lola L. Ward, 25 years, 7517 H street northwest.
- Mary S. Shaw, 24 years, 612 F street northwest.
- Edith M. Pelsang, 27 years, 516 9th street southwest.
- Robert S. Falkerton, 40 years, 2616 O street northwest.
- Raymond Allison, 24 years, 200 Morgan street northwest.
- Ella C. Bruchala, 11 years, 1216 B street southwest.
- Mary Merryman, 4 years, Children's Hospital.
- Antille Gallivan, 24 years, 628 F street southwest.
- Edward T. Chapp, 28 years, Walter Reed Hospital.
- Charles D. Watson, 25 years, 218 T street northeast.
- Joseph F. Malolean, 51 years, St. Elizabeth Hospital.
- Robert C. Limerick, 21 years, 933 C street southwest.
- Philip Francione, 37 years, St. Elizabeth Hospital.
- Nora Cassidy, 70 years, Casualty Hospital.
- Mary A. Thomas, 25 years, 1007 Kearney street northeast.
- Louis E. Zerna, 65 years, 1400 Maryland

COMMUNITY CENTERS START RELIEF WORK

Women Who May Be Available for Fight Against Influenza Asked to Report Today.

The community center department of the public schools decided yesterday to organize relief committees in neighborhoods throughout the city to aid families stricken with influenza. Miss Cecil B. Norton, general secretary of the community center department, issued an appeal last night to all women members of the centers to report today by telephone or in person to the secretaries in charge of community center work in their respective neighborhoods, informing them how much time they can give each day to the aid of suffering families.

Women who volunteer for this work will be provided with gauze masks and will be told of other ways suggested by the Red Cross to protect themselves from contracting the disease while administering aid. If you have escaped influenza and want to help those less fortunate, read the following list and report to the secretary whose address is nearest your home:

- Park View, Mrs. C. M. Bardwell, 432 Luray place, Col. 1778.
- Wilson Normal Center, Mrs. J. E. Kebler, 1323 Park road, Col. 1762.
- East Washington Center, Mrs. L. W. Hardy, 119 5th street northeast, Linc. 8470.
- Thompson Center, Mrs. A. J. Driscoll, 1215 M street northwest, N. 733-7339.
- E. V. Brown Center, Mrs. G. W. Stone, Cummings lane, Chevy Chase, Cleveland 558.
- Tyler Center, Mrs. Allan Davis, 900 11th street southeast; Linc. 4917.
- Powell Center, Mrs. J. A. Hunter, 1858 Ingleside terrace, Col. 5032.
- Colored: Miner Normal Center, Mrs. G. Felham, 152 T street northwest.
- Birney Center, Miss E. V. Smith, 105 Howard avenue; Linc. 1085.
- Dunbar Center, Mrs. M. A. Tapscott, 427 Q street northwest; N. 733-7339.
- Garnet Center, Mrs. A. G. Green, 3005 10th street northwest; N. 4141.
- West Washington Center, Miss Sadie Gaskins, 2804 Dumbarton avenue; West 2284-W.
- Randall Center, Mrs. E. F. Ellis, 1100 3d street southwest.

GEN. BULLARD TO LEAD NEW SECOND U. S. ARMY

WITH THE AMERICAN ARMY NORTHWEST OF VERDUN, October 12 (by the Associated Press).—The 2d American Army came into being today and began operations. It is under command of Maj. Gen. Robert L. Bullard. The 1st Army, which has been in existence formally since August, is now under command of Maj. Gen. Hunter L. Liggett. Gen. Pershing assumes command of the group of armies.

GIRL SIGNAL TENDER, WITH PISTOL, SAVES MUNITION TRAIN

UNIONTOWN, Pa., October 12.—Barricading herself in the tower at the Pennsylvania railroad crossing at Glat, near here, this afternoon, Miss E. M. Venzel, signal operator, pluckily held her post and fought a revolver duel with three men who attempted to wreck an ammunition train by placing ties across the tracks. With bullets crashing through the sides of the tower house, she returned shot for shot until

ALEXANDER REYNOLDS TAKES FATAL PLUNGE

Leaps From Window While Delirious—William Summers Kills Self—Death From Accident.

Alone and delirious as result of acute double pneumonia and influenza, Alexander Reynolds, thirty-six years old, employed by the Chesapeake and Potomac Telephone Company, jumped through the open window of his room on the third floor of 215 J street at 4:30 o'clock yesterday morning, falling a distance of forty feet. He received injuries from which he died half an hour later in the Emergency Hospital. His skull was crushed, the man striking on his head when he fell.

Was Without Medical Attention. Reynolds had been ill for three days without medical attendance. He had been unable to obtain the services of a physician, it is reported to the police. A razor was found on the floor of the room. Several small slashes on the man's throat indicated that he had attempted to cut his throat before jumping from the window. Coroner J. Ramsay Nevitt issued a

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