## SLEEPING LATE

Done right it takes the wit and courage of Houdini under ice, breathing in the thin space just beneath the surface glazed with light, looking for a hole back into the waiting world and the exact moment to emerge.

My neighbor, who rises every day at seven, and the garbage man, who slams the can against the house for spite, know nothing of the skill involved as I float quilts deep in a drowse of underwater sounds, one hand still cuffed.

Getting out of the trunk with its chains and double locks may seem the hardest part, but anyone can move a sliding panel. The real trick is to hold the dangerous poise between water and ice, as the river lulls the inner ear and the slow heart starts to crystallize.

I sometimes drift along this way for hours through the blurred landscape, a dark shape despised by milkmen and farmers and workers on the early shift, even by the boy who brings the morning paper. If I let myself imagine it, their picks against the ice sound something like applause.